

Diploma in Supervision

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Introduction

- ✓ This is taught, with adherence to BACP ethical framework and NCPS's code of practice.
- ✓ This course acknowledges BACP and NCPS core competencies.
- ✓ Generally, counsellors undertake this study as part of their professional practitioner development.
- ✓ This course equates to a level 5 study programme.



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- ✓ This course is written as a 10 month study programme (Sept start and February start; 1 x class per month) completion pending accrument of supervisee hours.
- ✓ September and January delivery is 1 class per month over 10 months inclusive of accrued supervisee hours.
- ✓ The classes can be a blend of face to face at our Jarrow venue and some via zoom.



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Entry requirements

This programme is designed to attract counselling practitioners who are ideally at least **3** year post qualified with ongoing client counselling work; who have accrued a minimum of **450** client hours; and who are now wishing to expand their own portfolio of skills and qualifications.



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Course layout

This course will enable practitioners to explore the origins of supervision with some of the differing models of supervision that are available.

An exploration of self is encouraged coupled with application of theory in practice.



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Course layout continued

In conjunction with this, exploring the roles and responsibilities of a supervisor and of what supervision entails coupled with the legislation that is integral to this process. Learning how to work creatively within the supervisory role is also a feature of this programme.

As this course unfolds the practitioner will be expected to identify their own preferred supervision model and how this fits with their own counselling philosophy and supervisory skills practice.



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Practicalities of the course

- ✓ You **do** need access to a laptop / iPad with a version of Microsoft Word and access to a printer and zoom is critical.
- ✓ You **do** need access to a printer.
- ✓ You do **not** have to purchase additional reading books (unless you choose to) as you can access a raft of academic literature sources online and via Google Scholar.



Practicalities of the course

- ✓ You will also require a ring binder file and dividers x6 for this portfolio as well as basic writing materials-pen, paper and a notebook.
- ✓ Printing your work is a necessity which you will undertake at home at your expense.
- ✓ When on zoom you are required to adhere to our zoom netiquette requirements during class time.



Qualification Overview

- ▶ This qualification contains 5 units which are formally delivered via zoom (over a 10 month period; one Sunday a month).
- ▶ Full participation is a requirement, and your camera must remain on with you present during the class.
- ▶ You are required to build a portfolio of your evidence.
- ▶ This qualification has been written and copyrighted by Reflections Counselling and Training Limited.



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Unit overview

- ▶ Unit 1: Consider the origins of supervision
- ▶ Unit 2: Understanding differing supervision models
- ▶ Unit 3: Professional Ethics, Diversity, Difference and Legislation
- ▶ Unit 4: Application of Skills in a Supervision Context: Use of Self
- ▶ Unit 5: Creative Interventions and Supervisory Skills Practice

All units are mandatory to achieve this qualification.



Assessment methods

Delivery and assessment to include:

- ✓ Assignments (theoretical and reflections of self).
- ✓ A recording and transcript of 1 supervised session and a log of trainee supervisor practice that reflects **50** supervisee hours; working with a minimum of two supervisees face to face.
- ✓ You have 1 year to complete these supervisee hours. This extension is **not** negotiable.
- ✓ If you are supervising more than the minimum of 2 then these additional supervisee hours can be visually via zoom (not phone or email). These online hours cannot form part of the transcript in unit 4.



November 2026 start

Day: Sundays (zoom delivery; cameras must be on at all times during class teach and discussion).

Dates: 15/11/2026; 13/12/2026; 10/1/2027; 7/2/2027; 14/3/2027;
11/4/2027; 9/5/2027; 13/6/2027; 4/7/2027; 15/8/2027.

Times: 10am-4pm for each of the 10 classes.

If required, individual tutorials can be arranged over this period.

Attendance is mandatory.



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February 2027 start

Day: Sundays (zoom delivery; cameras must be on at all times during class teach and discussion).

Dates: 21/2/2027; 21/3/2027; 18/4/2027; 30/5/2027; 20/6/2027;
25/7/2027; 22/8/2027; 19/9/2027; 21/11/2027; 12/12/2027.

Times: 10am-4pm for each of the 10 classes.
If required, individual tutorials can be arranged over this period.
Attendance is mandatory.



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Payment for course start

- ▶ Cost is £980 (registration, tuition, marking and certification costs).
- ▶ The first £80 must be paid as a deposit to secure your place which is **non refundable** should you change your mind.
- ▶ Then 9 monthly payments each of £100. **Note you are still responsible for the full cost of the course should you enrol then decide not to complete.**



Required Attendance and Commitment

- ▶ Attendance is expected at each of the 10 classes – playing ‘catch up’ at this level is a challenge and valuable individual and group experiential learning can be ‘lost’. **Your certificate cannot be offered where 10 classes have not been attended.**
- ▶ Before enrolling, please ensure you are able to ‘carve’ the space out in your busy working week to offer commitment and the time that the assignment work and accruing of supervisee hours will demand of you this coupled with access to a minimum of 2 supervisees (3 supervisees will enable you to complete the course within the agreed timescale).



Additional support

There is an assessment schedule set at the start of each course date which needs to be adhered to. Units 1,2 and 3 each have 1 assignment of 3000 words. Unit 4 has three sub assignments (inclusive of Reflective essay, contracts and logs of supervisee work and a transcript of one session). Unit 5 has two parts to the assignment (an essay and a supervision skills reflection part)

Email, telephone by appointment and zoom tutorials can be arranged to offer further support with this programme of study. There is no extra cost for this additional support.



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Supervisee hours

- ▶ A minimum of **2** face to face supervisees are required to enable you to complete this course. Ideally differing experiences, for example, one confident one less confident; or differing lengths of service.
- ▶ A minimum of **50** supervisee hours needs to be accrued. Your supervisees ideally need to be selected ready for the start of unit 2.
- ▶ A minimum of **3** supervisees will complete your course within the time allocated.
- ▶ Additional time at the end of the course can be agreed when working with 2 supervisees. **1 year is the maximum time allowed then the registration is closed. This is not negotiable.**



- ▶ For the purposes of this training aim to offer **your supervisee 1 hour** per fortnight each month and your hours will accrue as will your confidence, experience and comfortability of the role.
- ▶ You will require a supervisor to supervise your supervision work who will agree to completing supervision logs with you.



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Classes will always be pending learner enrolments and viable numbers to deliver the course.

An informal zoom interview will be arranged to enable us to meet and to ask any questions to seek further clarity that you may need.

Reflections reserve the right to not deliver should insufficient numbers be the case and to decline applications when entry requirements are not met.



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- ▶ Any questions so far... email jillhedley.reflections@gmail.com



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Once you have been successfully offered a place on the programme via email...

- ▶ Please pay the deposit following the guidance for the programme start pending outcome of interview. Set up a standing order for each monthly payment; date in the month to suit you.



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Any questions please email jillhedley.reflections@gmail.com or ring Jill on 07900457894

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Any questions

Thank you and I look forward to hearing from you to discuss your interest.