

NCFE CACHE Diploma in Counselling Skills (level 3)

Jill Hedley MBACP (Accred Professional); NCPS (Accred Registrant); MA Counselling; MA Education; Post Graduate Diploma in Psychotherapy; Diploma in Supervision; BA in Education and Training (Hons); Certificate in Education; Diploma in Life Coaching



Qualification Overview

This qualification contains 5 mandatory units.

CPD for anyone who would like to develop their counselling skills for use in either work or in a personal capacity or as an entry requirement to our counselling practitioner course.



Face to face dates - Jarrow

Thursday 9th November 2023 and concludes Thursday 28th March 2024; 18 weeks; delivered at The Clervaux Exchange, Jarrow; 6-9pm.

Or

Thursday 11th April 2024 and concludes Thursday 22nd August 2024; delivered at The Clervaux Exchange, Jarrow; 6pm-9pm (18 weeks)

Costs £850. Payment in full or monthly payments of £100 and then £150 x 5 months are an option (registration and certification costs included).



Face to face dates – Washington

Monday 8th April 2024 and concludes Monday 19th August 2024; 18 weeks; Fountain House, Concord, Washington, NE37 2HF; 6-9pm

Costs £850. Payment in full or monthly payments of £100 and then $\pm 150 \times 5$ months are an option (registration and certification costs included).



Face to face dates – West Denton

Monday 6th November 2023 and concludes 25th March 2024; 18 weeks; delivered at West Denton Community Centre, Newcastle; 6-9pm

Or

Monday 8th April 2024 and concludes Monday 19th August 2024; 18 weeks; delivered at West Denton Community Centre, Newcastle; 6-9pm

Costs £850. Payment in full or monthly payments of £100 for the first month and then £150 x 5 months are an option (registration and certification costs included). *Delivery pending group viability



Face to face dates - Great Park

Thursday 11th April 2024 and concludes Thursday 22nd August 2024; delivered at Great Park Community Centre, Nr Gosforth; 6pm-9pm (18 weeks)

Costs £850. Payment in full or monthly payments of £100 and then £150 x 5 months are an option (registration and certification costs included).



Face to face dates - Blyth

Thursday 11th April 2024 and concludes Thursday 21st August 2024; 18 weeks; delivered at Briardale House, Blyth, Northumberland; 6-9pm.

Costs £850. Payment in full or monthly payments of £100 for the first month and then $£150 \times 5$ months are an option (registration and certification costs included).



Course Content

The course consists of five units:

- 1. Developing Counselling Skills
- 2. Theoretical Approaches in the use of Counselling Skills
- 3. Working ethically with Counselling Skills
- 4. Counselling Skills and Diversity
- 5. Counselling Skills and Personal Development.

In order to complete the course, you must successfully complete all five units.



Learning Methods

The delivery models can vary.

- ✓ This would usually consist of a participative approach using tutor input, role plays, discussions, independent research, group and paired work and a case study backed up with handouts to reinforce learning.
- ✓ This includes skills practice which will be assessed through observation and reflection.
- ✓ Personal commitment, ability to meet deadlines and regular attendance is essential.



Assessment methods

- Each candidate is required to complete a portfolio of evidence which demonstrates the achievement of all learning outcomes and assessment criteria associated with each unit.
- Evidence within the portfolio could include: journal reflections, peer feedback; assignments and a case study (contextual study), task sheets.
- ✓ The portfolio is submitted twice during the course for Internal and External Awarding Board Moderation purposes.



Qualification Gained

NCFE CACHE Diploma in Counselling Skills Level 3

There are no advanced learner loans available for this course. Please just monitor and compare the significant price difference when an advanced learning loan is involved.



Progression Opportunities

Level 4/5 in Advanced Diploma in Integrative Therapeutic Counselling. This is the counselling practitioner course; 2 years part time which is quality marked by AIM and professionally accredited with the National Counselling and Psychotherapy Society – check their website for our details).



Other Costs

- ✓ Access to a computer/laptop with a version of Microsoft Word and access to a printer and zoom is critical.
- ✓ You will also require a lever arch file and dividers x7 for your portfolio as well as basic writing materials-pen, paper and a notebook.
- Printing your work is a necessity which you will undertake at home at your expense.



Progression route

We do also advertise our level 4/5 Advanced Diploma in Integrative Therapeutic Counselling programme as a September, January and March starts (numbers pending). Lv 3 counselling skills is the entry requirement for this programme.

Note: Reflections reserve the right to not deliver should insufficient numbers be the case and to decline applications when entry requirements and key criteria are not met.



- Any questions please email jillhedley.reflections@gmail.com or ring on 07900457894
- Follow us on face book Reflections Counselling and Training Limited or visit our web page www.reflectionscounsellingandtraining.co.uk
- Follow us on twitter <u>https://twitter.com/CTReflections</u>



Reflections Counselling & Training

Any questions

Thank you and I look forward to hearing from you to discuss your interest.